

FAUBOURG SAINT JEAN // BAABDA SQUARE // HAZMIEH MAR TAKLA // MAKSEH CHTAURA // BROUMANA
ZONE GATE

 promarche   promarchelb

BEAT THE HEAT

FROM THU. JUNE 26TH
TO SUN. JULY 9TH





Beat the Heat



Grape Seedless
Local / kg

329.990
LBP



Apple Summer
Local / kg

199.990
LBP



Pineapple Gold
Imported / kg

329.990
LBP



Kiwi
Imported / Pcs

59.990
LBP



Eggplant Round
Local / kg

49.990
LBP



Carrot
Local / kg

79.990
LBP



Tomato Bunch red
Local / kg

59.990
LBP



Cabbage White
Local / kg

24.990
LBP





Beat the Heat



Merguez
1kg

7.99
USD



Beef Barbecue
1kg

11.99
USD



Beef Cordon Bleu
1kg

9.99
USD



Chicken Escalope
1kg

7.99
USD



Chicken Tawook
1kg

6.99
USD



Octopus
1kg

14.99
USD



Shrimp Medium 40/50
1kg

7.99
USD





Beat the Heat



Red cheddar
200gr

2.79
USD

~~3.30~~
USD



Manchego
viva espania
200gr

5.99
USD

~~7.20~~
USD



Roquefort
200gr

6.99
USD

~~8.84~~
USD



Triballat
Ananas 200gr

6.99
USD

~~7.40~~
USD



Cow kashkaval
200gr

2.90
USD

~~3.25~~
USD



Emmental
200gr

2.59
USD

~~3.20~~
USD



Jambon paris
200gr

3.99
USD

~~4.40~~
USD



Mortadelle
Olives 200gr

2.15
USD

~~2.40~~
USD



Mortadelle
Super extra 200gr

1.39
USD

~~2.20~~
USD



Beat the Heat



~~3.50~~
USD

2.99
USD

Plein Soleil
Paprika wedges
fries 900g



~~4.20~~
USD

3.65
USD

Lamesa
Mini kebbeh bites
260g



~~4.45~~
USD

3.89
USD

Lamesa
Chich barak meat
250g



~~2.99~~
USD

2.55
USD

Siblou
10 fish fingers frozen
250g



~~5.79~~
USD

4.95
USD

Captain fisher
shrimp dumplings
+ royal crab free



~~5.75~~
USD

4.85
USD

Captain fisher
Shrimp breaded
popcorn 300gr



~~0.63~~
USD

0.49
USD

Ocean garden
Frozen coriander
400g



**save
15%**

London dairy
Ice cream



**save
15%**

lotus
Ice cream



STARCH FOOD

Beat the Heat



**save
15%**



Danone
Danette yoghurt



Starting

4.99
USD

Boursin
Herbes, Truffle
pepper, Ail fines
herbes 150 G

~~4.89~~
USD

4.39
USD

Zott
Emmental Portion
200g



**save
15%**



Zottis
Chocolat/ Vanille/
Fruits 115g

~~6.89~~
USD

5.99
USD

Al Wadi Al Akhdar
Bulgarian cow cheese
400g



**save
15%**

Starting

2.99
USD

Arenfish
caviar Red & Black
Assorted



From 26th June to 9th July 2025

OFFER VALID WHILE STOCKS LAST

PROMARCHE
Partenaire Inter-marché



Beat the Heat



save 20%

~~2.59~~ USD

1.99 USD

Cortas
Fig/ Apricot/ Strawberry jam 370g

save 15%

Starting 12.50 USD

Kaddoum
Black honey/honey spring/ honey al jabali 850g

3.19 USD

Cuetara
Cereals choco flakes 350g

EXCLUSIVE

Nescafe
my cup 3in1 classic pouch 20 g

4.99 USD

save 15%

Puidor
Burger/Tartar/Honey Mustard Sauce 321ml
Pesto sauce 190g

3+1 free

2.19 USD

Pasta Dela Nonna
Vermicelli no30/ Fusilli no98 400g Pack 3+1 free

2.59 USD

2.19 USD

Lotus Riz
Parfume premium quality 2kg

7.19 USD

6.59 USD

Terrador
American rice 5kg

11.49 USD

9.99 USD

Plein soleil
Sunflower oil 5l



Beat the Heat



7.90
USD

Castania
Kernels 250g+Extra 250gr+
pepsi Regular 1.25L



7.99
USD

Rifaii
Summer Promo Box
kernel 250 + cocktail mix
250 + extra 250

~~2.49~~
USD

2.35
USD

Master
Kettle cooked
144x2



~~1.19~~
USD

1.07
USD

Fantasia
cheese balls 90gr+
peanuts 80gr



**save
20%**

Snips
All Range



**3+1
free**

~~1.47~~
USD

1.29
USD

Crix
Assorted 3+1 45g



**save
15%**

El sabor
Assorted 225g



Beat the Heat



5+1 free

~~3.30 USD~~
2.75 USD

Pepsi, Pepsi black seven up, seven up diet miranda 185 ml 5+1



5+1

~~3.76 USD~~
2.99 USD

Pepsi, Pepsi zero seven up zero 330ml 5+1



4.20 USD

Redbull
pack of 4



5+1 free

~~3.35 USD~~
2.89 USD

Beirut beer
Original/ light 250ml 5+1free



~~4.80 USD~~
4.19 USD

Beirut beer
330ML



~~1.40 USD~~
0.79 USD

Dr. pepper
Cherry 330ML



~~7.74 USD~~
5.69 USD

Perrier
Bottle 500ml x6



~~7.74 USD~~
5.69 USD

Maison Perrier
Pet Lemon 0.5L x6



~~1.68 USD~~
1.39 USD

Promarché
mineral 500 mlx12



Beat the Heat



~~18.57~~ USD
12.99 USD

Bombay
Gin 75 cl Sapphire



~~15.00~~ USD
9.99 USD

Martini
Extra Dry 100 Cl



~~10.80~~ USD
7.49 USD

Terra Vizina
Pros. Millesimato
Extra Dry 75 Cl



~~39.00~~ USD
22.99 USD

1800
Reserva Reposado
Gold 70 Cl



~~48.00~~ USD
29.99 USD

1800
Anejo 75cl



~~30.00~~ USD
19.99 USD

Grey Goose
Vodka 70cl



~~49.50~~ USD
29.99 USD

Old Parr
12yrs 750m Cl



~~21.60~~ USD
14.99 USD

V Collezione
Oro Classico White
2020 75 Cl



~~11.00~~ USD
8.99 USD

Ixsir
Altitudes White
75 Cl

Fluocaril

GET THE CHANCE TO WIN
1 YEAR SUPPLY
OF ORAL HYGIENE PRODUCTS

With Every Purchase of \$15
from Fluocaril or Parogencyl



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BEAUTY TO A SCIENCE

15% Cash-back
on all Neutrogena Hydro Boost products

Buy **OMO** For 10\$
& Get 20% Instant Cashback With A Chance To
Win A Washing Machine





Beat the Heat



~~10.85~~ USD
9.69 USD
Persil
Gel 4.8l



~~5.79~~ USD
4.59 USD
Pril
3l



~~3.69~~ USD
2.69 USD
Der General
Svr 150g



~~3.09~~ USD
2.29 USD
Der General
3l



4.39 USD
Soupline
Softener Lavender
/ Blue 4l



~~9.59~~ USD
7.89 USD
Gipsy
Signature mega
16 roll



From 26th June to 9th July 2025
OFFER VALID WHILE STOCKS LAST

PROMARCHE
Partenaire Inter-marché



Beat the Heat




~~7.⁷⁹ USD~~
6.²⁹ USD

Fluocaril
Toothpaste 125ml



~~1.³⁵ USD~~
0.⁹⁹ USD

Gipsy
Signature facial tissue
120s



~~3.⁹⁰ USD~~
2.⁸⁹ USD

Pert
Shampoo 600ml



~~4.⁴⁹ USD~~
4.⁴⁹ USD

Amatoury
Shower gel 650 ml x2
+ hand wash free



~~1.⁹⁹ USD~~
1.⁹⁹ USD

ON Hand
Assorted Soap x2
+ Soap Bar free



~~4.⁶¹ USD~~
3.⁸⁹ USD

Narta
Deodorant
Assorted 200ml



~~5.⁸⁹ USD~~
4.³⁹ USD

Adidas
Deo W power booster/
invisible 150ml*2-25%



~~9.⁹⁹ USD~~
9.⁹⁹ USD

Hamlet
pouch



~~11.⁹⁹ USD~~
11.⁹⁹ USD

Lili
pouch