

FROM 16 TO 31 JANUARY 2025



# CONTRE LA VIE CHÈRE

**30%**  
**DISCOUNT**



~~1\$~~  
~~1.65~~

**1\$**  
**1.15**

**COTTERLEY**  
CHAMOMILE MATRICARIA  
INFUSION | 25 PCS

**GHAZIR HIGHWAY**

OFFERS VALID WHILE STOCKS LAST



~~11.20~~  
**9 \$ .25**  
5L  
**15% DISCOUNT**

**PLEIN SOLEIL**  
SUNFLOWER OIL



~~5.94~~  
**4 \$ .99**  
2 KG  
**15% DISCOUNT**

**PLEIN SOLEIL**  
FRENCH FRIES



~~9.50~~  
**7 \$ .95**  
900 G  
**15% DISCOUNT**

**PLEIN SOLEIL**  
SHREDDED MOZZARELLA



**5 \$ .49**  
185 G X 3  
**BUY 2 GET 1 FREE**

**MARINA BLUE**  
WHITE TONGKOL TUNA MEAT  
IN VEGETABLE OIL



~~1.65~~  
**1 \$ .40**  
425 G  
**15% DISCOUNT**

**ORLY**  
MUSHROOMS SLICES



~~1.64~~  
**1 \$ .40**  
340 G  
**15% DISCOUNT**

**ORLY**  
SWEET CORN



~~2.67~~  
**2 \$ .39**  
350 G  
**10% DISCOUNT**

**NESTLÉ**  
KLIM POWDER MILK



~~5.10~~  
**4 \$ .59**  
750 G  
**10% DISCOUNT**

**NESTLÉ**  
KLIM POWDER MILK



~~12.15~~  
**10 \$ .99**  
2 KG  
**10% DISCOUNT**

**NESTLÉ**  
KLIM POWDER MILK



~~3.61~~  
**2.99**  
1350 G

**15% DISCOUNT**

**PLEIN SOLEIL**  
TOMATO PASTE



~~1.50~~  
**1.20**  
510 G

**20% DISCOUNT**

**PLEIN SOLEIL**  
TOMATO KETCHUP



~~2.88~~  
**2.60**  
500 ML

**10% DISCOUNT**

**PLEIN SOLEIL**  
MAYONNAISE



~~2.80~~  
**2.35**  
255 G

**15% DISCOUNT**

**PLEIN SOLEIL**  
MUSTARD  
+ TOMATO KETCHUP | 340 G



~~7.58~~  
**5.79**  
51/60

**25% DISCOUNT**

**CAPTIAN FISHER**  
SMALL SHRIMPS  
TAIL OFF



~~9.36~~  
**4.39**  
500 G

**55% DISCOUNT**

**SIBLOU**  
COD FILLETS



~~4.35~~  
**3.49**  
400 G

**20% DISCOUNT**

**SIBLOU**  
4 FISH BURGERS  
CRISPY BREADING



~~3.40~~  
**2.59**  
500 G

**25% DISCOUNT**

**KWIK BITE**  
CHICKEN NUGGETS



~~5.75~~  
**4.99**  
KG

**15% DISCOUNT**

**BUTTERBALL**  
PREMIUM  
ALL NATURAL TURKEY



~~3.99~~  
3 \$  
400 G  
**20% DISCOUNT**

**CAPTIAN FISHER**  
BREADED CALAMARI RINGS  
CRISPY CRUST | SEA CATCH



~~5.84~~  
4 \$  
225 G  
**25% DISCOUNT**

**MEZZE**  
CHEESE ROLLS  
12 PIECES



~~6.05~~  
4 \$  
225 G  
**30% DISCOUNT**

**MEZZE**  
MEAT PIES PASTRIES  
12 PIECES



~~2.19~~  
1 \$  
500 ML  
**20% DISCOUNT**

**PUCK**  
COOK & WHIP



~~3.29~~  
1 \$  
1 L  
**45% DISCOUNT**

**MASTER MARTINI**  
MASTER GOURMET CHEF  
UNSWEETENED | IDEAL FOR COOKING | 24 % FATS



~~3.85~~  
2 \$  
200 G  
**35% DISCOUNT**

**PITTAS**  
HALLOUMI



~~6.89~~  
5 \$  
500 G  
**15% DISCOUNT**

**KIRI**  
SPREADABLE CREAM CHEESE  
5X6 PCS



~~1.92~~  
1 \$  
133.2 G  
**10% DISCOUNT**

**KIRI**  
SPREADABLE CREAM CHEESE  
2X4 PCS

**alpro**

**-15%**



NUTRI-SCORE  
**A B C D E**



**Chabrior**

**Corn Flakes**



~~3.73~~

**2.69**  
500 G

**30% DISCOUNT**

MAÏS FRANÇAIS

NUTRI-SCORE  
**B C D E**



**CHABRIOR**  
CORN FLAKES



~~1.59~~  
**0.69**  
180 G

**55% DISCOUNT**

**KELLOGG'S**  
COCO POPS BALLS



~~6.09~~  
**2.95**  
325 G

**50% DISCOUNT**

**KELLOGG'S**  
SPECIAL K  
RED BERRIES



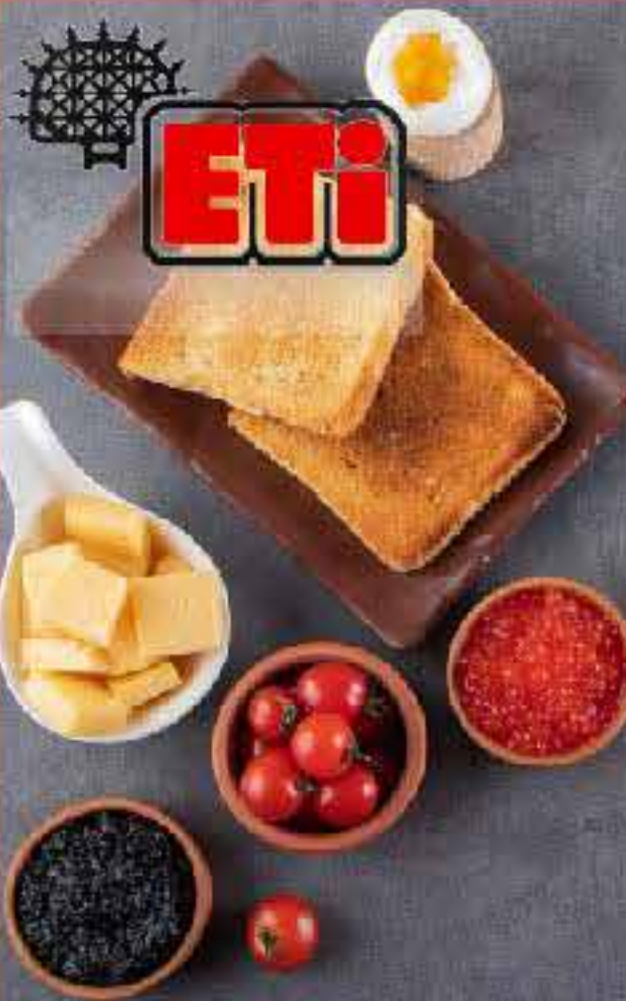
~~4.28~~  
**2.39**  
420 G

**45% DISCOUNT**

**KELLOGG'S**  
SPECIAL K  
OATS & HONEY



**-20%**



**-15%**



**TWININGS™**  
OF LONDON

**-25%**



~~1.65~~  
**1 \$ 1.15**  
25 PCS

**30% DISCOUNT**

**COTTERLEY**  
CHAMOMILE MATRICARIA INFUSION



~~1.60~~  
**1 \$ 1.20**  
4 X 50 G

**25% DISCOUNT**

**MAGGI**  
CHICKEN NOODLE SOUP



~~1.95~~  
**1 \$ 1.45**  
4 X 50 G

**25% DISCOUNT**

**MAGGI**  
CREAM OF MUSHROOM SOUP



~~1.95~~  
**1 \$ 1.45**  
4 X 50 G

**25% DISCOUNT**

**MAGGI**  
SPRING SEASON SOUP

**Betty Crocker**



~~6.55~~  
**5 \$ 5.90**  
500 G X 2

**10% DISCOUNT**

**BETTY CROCKER**  
CAKE MIX + FREE CAKE DISH  
EACH PACK SOLD SEPARATELY



**-15%**



**-15%**



~~4.00~~  
**3.59**  
4+2 FREE

**10% DISCOUNT**

**REESE'S PEANUT BUTTER CUPS**

~~0.32~~  
**0.19**  
30 G

**40% DISCOUNT**

**BRITANNIA DIGESTIVE ORIGINAL BISCUITS**

~~0.37~~  
**0.21**  
30 G

**45% DISCOUNT**

**BRITANNIA DIGESTIVE SUGAR FREE BISCUITS**



~~2.11~~  
**1.49**  
50 G

**30% DISCOUNT**

**24.7 PROTIEN BAR EACH SOLD SEPARATELY**

~~2.15~~  
**1.69**  
100 G

**20% DISCOUNT**

**IVORIA MILK CHOCOLATE WITH RICE CRISPY**

~~2.29~~  
**1.79**  
100 G

**20% DISCOUNT**

**IVORIA MILK CHOCOLATE**



**DOMO**



~~2 \$ 2.24~~  
72 G X 2  
**15% DISCOUNT**

**DOMO**  
WHIPPED CREAM  
VANILLA FLAVOUR



~~4 \$~~  
**4.55**  
450 G  
**DOMO**  
BOLEO CHOCOLATE FLAVORED DRINK  
+ 6 ELEGANCE BISCOFFO FREE  
EACH PACK SOLD SEPARATELY



**Kühne**



**-20%**



~~2 \$ 2.30~~  
**1 \$ 1.15**  
100 G  
**50% DISCOUNT**

**THAI PRIDE**  
BEAN VERMICELLI



~~3 \$ 3.20~~  
**2 \$ 2.30**  
400 ML  
**30% DISCOUNT**

**PLEIN SOLEIL**  
PREMIUM COCONUT MILK



~~3 \$ 3.71~~  
**2 \$ 2.59**  
400 ML  
**30% DISCOUNT**

**PLEIN SOLEIL**  
PREMIUM COCONUT CREAM



DANONE

**-20%**



ACTIVIA

**-20%**



DANONE Danette

**-20%**





~~1.35~~  
**0 \$ .99**  
110 PCS

**25% DISCOUNT**

**LABELL**  
DUO MAKEUP REMOVER PADS  
SOFT DOUBLE-SIDED COTTON



~~0.92~~  
**0 \$ .65**  
200 PCS

**30% DISCOUNT**

**TOP BUDGET**  
COTTON SWABS



~~4.41~~  
**3 \$ .70**  
3 L

**15% DISCOUNT**

**SANITA**  
FABRIC SOFTENER



~~9.59~~  
**7 \$ .99**  
4 KG

**15% DISCOUNT**

**SANITA**  
LAUNDRY DETERGENT



**METRO**  
ONE STEP CLOSER TO YOU

**GET THE APP NOW**



**10% DISCOUNT**  
**ON YOUR FIRST ORDER**  
**PROMOCODE: FIRST10**





# W E E K E N D OFFERS

FROM 17 TO 20 JANUARY, 2025

**20%**  
**DISCOUNT**



~~36.<sup>\$</sup>99~~

**29.<sup>\$</sup>99**

**GLENFIDDICH**  
AGED 12 YEARS  
SINGLE MALT SCOTCH WHISKY  
75 CL

**GHAZIR HIGHWAY**

OFFERS VALID WHILE STOCKS LAST

## DID YOU KNOW?

LEMONS ARE LITTLE POWERHOUSES OF VITAMIN C, BOOSTING YOUR IMMUNE SYSTEM AND PROMOTING HEALTHY SKIN. THEIR NATURAL ACIDITY ALSO AIDS DIGESTION AND ADDS A REFRESHING KICK TO BOTH FOOD AND DRINKS.

### LEMON

**27**,990<sup>LBP</sup>  
KG



**199**,990<sup>LBP</sup>  
PACK

**KIMIA DATES**



**63**,990<sup>LBP</sup>  
KG

**HINDBI**



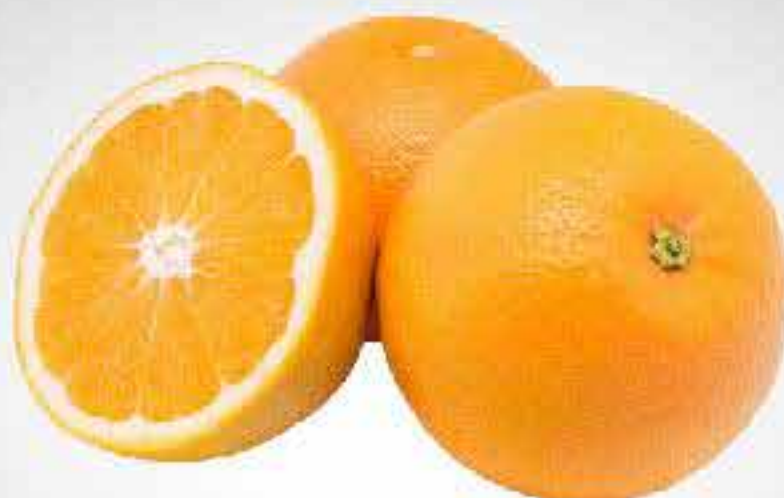
**287**,990<sup>LBP</sup>  
PACK

**KIWI**



**66**,990<sup>LBP</sup>  
KG

**CARROT**



**22**,990<sup>LBP</sup>  
KG

**ORANGE  
FOR JUICE**



**72**,990<sup>LBP</sup>  
KG

**POMELO  
WHITE**



BACK ON YOUR CARD 0<sup>\$</sup>.48

7<sup>\$</sup>.99  
KG

6%  
CASHBACK

CHICKEN FAJITA



BACK ON YOUR CARD 0<sup>\$</sup>.60

9<sup>\$</sup>.99  
KG

6%  
CASHBACK

CHICKEN CORDON BLEU



BACK ON YOUR CARD 0<sup>\$</sup>.72

11<sup>\$</sup>.99  
KG

6%  
CASHBACK

KIBBEH B SANIYEH



BACK ON YOUR CARD 0<sup>\$</sup>.63

10<sup>\$</sup>.49  
KG

6%  
CASHBACK

BEEF ESCALOPE

## DID YOU KNOW?

FISH IS PACKED WITH PROTEIN, OMEGA-3 FATTY ACIDS, AND ESSENTIAL VITAMINS THAT PROMOTE HEART HEALTH, BRAIN FUNCTION, AND OVERALL WELL-BEING. IT'S A VERSATILE AND NUTRITIOUS CHOICE THAT SUPPORTS A HEALTHY LIFESTYLE!



# MISKAR

**8**.49<sup>\$</sup>  
**KG**



**16**.99<sup>\$</sup>  
**KG**

**BLACK TIGER SHRIMPS**  
8/12



**4**.99<sup>\$</sup>  
200 G

**NORWEGIAN SALMON SLICES**



**3**.20<sup>\$</sup>  
200 G

**TUNA SLICES**

## DID YOU KNOW?

KASHKAVAL CHEESE IS A RICH SOURCE OF CALCIUM AND PROTEIN, SUPPORTING STRONG BONES AND MUSCLES. ITS CREAMY TEXTURE AND BOLD FLAVOR MAKE IT PERFECT FOR SANDWICHES, SALADS, OR AS A TASTY SNACK ON ITS OWN!

## KAVAL KASHKAVAL COW CHEESE

**2.60<sup>s</sup>**  
200 G



**-15%**



~~1.60~~  
**0.99**  
200 G  
**40% DISCOUNT**

**CHANKLICH**



~~3.17~~  
**1.90**  
200 G  
**40% DISCOUNT**

**LE GALL  
NATURAL CREAM CHEESE**



~~1.62~~  
**1.30**  
200 G  
**20% DISCOUNT**

**BAROUD  
DOUBLE CREAM**



~~2.26~~  
**1.80**  
200 G  
**20% DISCOUNT**

**BAROUD  
HALLOUM**



~~3.57~~  
**2.50**  
200 G  
**30% DISCOUNT**

**RACLETTE  
CHEESE**

## DID YOU KNOW?

COLD CUT HAMS ARE A CONVENIENT SOURCE OF PROTEIN AND ESSENTIAL NUTRIENTS LIKE IRON AND ZINC. PERFECT FOR QUICK MEALS OR SNACKS, THEY'RE A TASTY WAY TO KEEP YOUR ENERGY UP THROUGHOUT THE DAY!

**-15%**



## JAMBINO HAM

**2<sup>.99</sup>**  
200 G



~~8<sup>.52</sup>~~  
**7<sup>.20</sup>**  
200 G

**15%  
DISCOUNT**

**REINERT  
POULTRY SALAMI**



**4<sup>.60</sup>**  
200 G

**NEGRI  
ROASTED TURKEY BREAST**



~~1<sup>.78</sup>~~  
**1<sup>.50</sup>**  
200 G

**15%  
DISCOUNT**

**MORTADELLA  
WITH OLIVES**



**DON'T MISS OUT!**  
**KIDS SANDWICH**  
**BUY 3**  
**GET 1 FREE**



Sofi de France



~~2.75~~  
**2.35**  
 500 G

**15%**  
 DISCOUNT

**PUCK**  
 DANISH WHITE FROM SKIMMED MILK  
 AND VEGETABLE OIL (20%)



~~14.48~~  
**12.99**  
 2 KG

**10%**  
 DISCOUNT

**PUCK**  
 SHREDDED MOZZARELLA



~~3.69~~  
**3.29**  
 500 G X 4

**10%**  
 DISCOUNT

**PANZANI**  
 VERMICELLI  
 BUY 3 GET 1 FREE



~~3.69~~  
**3.29**  
 500 G X 4

**10%**  
 DISCOUNT

**PANZANI**  
 SPAGHETTI N°5  
 BUY 3 GET 1 FREE



~~7<sup>35</sup>~~  
**6<sup>59</sup>** \$  
1L  
**10% DISCOUNT**

**SCOTTISH LEADER**  
ORIGINAL  
BLENDED SCOTCH WHISKY



~~8<sup>49</sup>~~  
**6<sup>99</sup>** \$  
70 CL  
**20% DISCOUNT**

**HAIG**  
GOLD LABEL  
BLENDED SCOTCH WHISKY



~~26<sup>57</sup>~~  
**21<sup>99</sup>** \$  
75 CL  
**15% DISCOUNT**

**JOHNNIE WALKER**  
BLACK LABEL | AGED 12 YEARS  
BLENDED SCOTCH WHISKY



~~10<sup>99</sup>~~  
**8<sup>29</sup>** \$  
70 CL  
**25% DISCOUNT**

**DEWAR'S**  
WHITE LABEL  
BLENDED SCOTCH WHISKY



~~36<sup>99</sup>~~  
**29<sup>99</sup>** \$  
75 CL  
**20% DISCOUNT**

**GLENFIDDICH**  
AGED 12 YEARS  
SINGLE MALT SCOTCH WHISKY



~~17<sup>99</sup>~~  
**14<sup>39</sup>** \$  
70 CL  
**20% DISCOUNT**

**JAMESON**  
TRIPLE DISTILLED  
IRISH WHISKY



~~6.85~~  
**5.25**  
75 CL

**25%**  
DISCOUNT

**CHATEAU KEFRAYA**  
BRETÈCHES  
RED WINE



~~6.49~~  
**5.69**  
75 CL

**10%**  
DISCOUNT

**DOMAINE DES TOURELLES**  
RED WINES



~~6.60~~  
**5.25**  
75 CL

**20%**  
DISCOUNT

**CHATEAU KEFRAYA**  
MYST  
ROSÉ WINE



~~13.35~~  
**11.99**  
75 CL X 3

**10%**  
DISCOUNT

**DOMAINE DES TOURELLES**  
A LOVE STORY SUMMER PACK  
2+1 WINES



~~5.95~~  
**5.05**  
70 CL

**15%**  
DISCOUNT

**KSARA**  
BLANC DE BLANCS  
WHITE WINE



~~18.69~~  
**13.99**  
1L

**25%**  
DISCOUNT

**JÄGERMEISTER**  
HERBAL LIQUEUR



~~10.99~~  
**9.10**  
70 CL

**15%**  
DISCOUNT

**ARAK BRUN**



~~8.80~~  
**6.99**  
75 CL

**20%**  
DISCOUNT

**ARAK FAKRA**



~~9.99~~  
**8.39**  
70 CL

**15%**  
DISCOUNT

**ABSOLUT**  
SWEDISH VODKA

equia



~~0.90~~  
**0.65**  
 125 G  
**30% DISCOUNT**

**EQUIA**  
 RICE CAKES  
 EACH SOLD SEPARATELY

~~2.99~~  
**2.39**  
 165 G  
**20% DISCOUNT**

**PRINGLES**  
 ORIGINAL



~~1.15~~  
**0.99**  
 40 G  
**15% DISCOUNT**

**PRINGLES**  
 ORIGINAL



**METRO**  
 ONE STEP CLOSER TO YOU

**GET THE APP NOW**



**10% DISCOUNT**  
 ON YOUR **FIRST ORDER**  
 PROMOCODE: **FIRST10**

