



**PROMARCHÉ**  
Partenaire *Intermarché*

# THE WEEKEND

FROM THU. MAR 6TH TO SUN. MAR 9TH

*Flyer*

FAUBOURG SAINT JEAN / BAABDA SQUARE / HAZMIEH MAR TAKLA / MAKSEH CHTAURA ZONE GATE / BROUMANA

 promarche   promarchelb

# Fruits & Vegetables



**Granny apple**  
Imported / kg **329<sup>.990</sup>** LBP



**Red apple**  
Local / kg **179<sup>.990</sup>** LBP



**Kiwi basket**  
Imported / pck **229<sup>.990</sup>** LBP



**Orange valencia**  
Local / kg **64<sup>.990</sup>** LBP



**Pear**  
Turkish / kg **219<sup>.990</sup>** LBP

From 6th Mar. to 9th Mar. 2025

OFFER VALID WHILE STOCKS LAST



# Fruits & Vegetables



**Iceberg**  
Local / pcs

**87.990**  
LBP



**Potato**

Egyptian / kg

**49.990**  
LBP



**Carrot**  
Local / kg

**99.990**  
LBP



**Cucumber**

Local / kg

**179.990**  
LBP



**Baby spinach**

Imported / pck

**2.99**  
USD



**Baby rocca**

Imported / pck

**2.99**  
USD



**Mesclun**

Imported / pck

**2.99**  
USD

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# Fishery



**Malifa**  
1kg

**6.29**  
USD



**Brak**  
1kg

**8.29**  
USD



**Salmon**  
Whole fish 1kg

**13.35**  
USD



**Shrimp**  
Large 20/30

**9.50**  
USD



**Shrimp**  
Medium 40/50

**8.50**  
USD

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# Delicatessen



save  
20%

save  
25%



**Moni**  
Mozzarella 200gr  
~~3.30 USD~~  
**2.44 USD**

**L'exquis**  
Emmental 200gr  
~~2.75 USD~~  
**2.20 USD**

**Singletons**  
Cheddar 200gr  
~~4.70 USD~~  
**2.79 USD**



**Khoury**  
Kashkaval 200gr  
~~3.00 USD~~  
**2.20 USD**

**Double crème**  
200gr  
~~1.71 USD~~  
**1.52 USD**

**Akkawi**  
200gr  
~~2.35 USD~~  
**2.10 USD**



save  
10%

**Tello**  
Turkey breast  
200gr  
~~3.05 USD~~  
**2.59 USD**

**Coraya**  
Crab 200gr  
~~4.80 USD~~  
**3.99 USD**

**Premier choix**  
Jambon shoulder  
200gr  
~~2.45 USD~~  
**2.20 USD**

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# Self service & Frozen



save 15%

**Kiri**  
Snow 350gr ~~4.59 USD~~ **3.80 USD**

200gr ~~2.93 USD~~ **2.39 USD**



save 15%

**Eru kids**  
100gr ~~1.25 USD~~ **0.99 USD**



save 10%

**Moni**  
Cow kashkaval 300gr ~~4.77 USD~~ **4.25 USD**



save 15%

**Ganarolo**  
Mascarpone 500gr ~~10.39 USD~~ **8.75 USD**



**Captain fisher**  
Breaded calamari 400gr rings + fish fingers 300gr ~~6.55 USD~~ **5.94 USD**



**Captain fisher**  
Breaded calamari rings 400gr + fish burger 300gr ~~6.55 USD~~ **5.94 USD**



save 10%

**Lamesa**  
Kebbe laktin 350gr ~~3.75 USD~~ **2.79 USD**



save 10%

**Plein soleil**  
Spinach leaves 400gr ~~1.99 USD~~ **1.79 USD**



save 10%

**Plein soleil**  
Green okra cornes crecques 400gr ~~2.49 USD~~ **2.19 USD**

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# Light Snacks



**Bjorg**  
Almond milk 1L x2  
+Muesli 375gr free

~~9.19 USD~~  
**7.99 USD**



**Bjorg**  
Avoine 1L x2  
+Granola 350gr free

~~8.99 USD~~  
**7.79 USD**



**Health up**  
Assorted

**save 20%**



**Snatt's**  
Assorted 75gr

~~2.75 USD~~  
**1.99 USD**



**Health up**  
Assorted

~~0.36 USD~~  
**0.29 USD**

**save 25%**



**Protein bar**  
Chocolate Apricot / Chocolate  
Strawberry / Orange Double  
Chocolate 50g

~~2.29 USD~~  
**1.65 USD**

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# Condiments



**Siblou**  
Siblou white tuna  
in water / vegetable oil /  
red chili solid 185g

~~1.55 USD~~  
**1.59 USD**



**Gardenia**  
Stuffed vine  
leaves 280gr

#87678  
**READY TO EAT**  
FRESH AND JUICY  
~~2.68 USD~~  
**1.99 USD**



**Ocean garden**  
Sunflower oil 4l

~~8.45 USD~~  
**7.19 USD**



**Siblou**  
Tuna Fillet in oil / water / chili /  
lemon & pepper 120gr 2+1 free

**5.55 USD**



**Ocean garden**  
White tuna in water /  
oil 3x 160gr

**3.69 USD**



**Benina**  
Green peas /  
peas & carrots 850gr

~~1.45 USD~~  
**1.15 USD**



**Benina**  
Green peas / peas & carrots 400gr

**save 15%**



**Benina**  
Ready to eat  
400gr

~~0.85 USD~~  
**0.60 USD**

**From 6th Mar. to 9th Mar. 2025**

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# Pantry



**-20%**

**Panzani**  
Pesto rosso  
2x 200gr

**5.99**  
USD



**Panzani**  
Spaghetti #5  
500gr 3+1free

**3.39**  
USD



**Panzani**  
Cheveux d'ange  
500gr 3+1 free

**3.39**  
USD



**Arbella**  
penne rigate 400 gr

~~0.75~~  
USD  
**0.65**  
USD



**Arbella**  
Fusilli Tricolor Rotini  
500gr

~~1.10~~  
USD  
**0.89**  
USD



**Ocean garden**  
All purpose flour  
900gr

~~0.84~~  
USD  
**0.69**  
USD

**save**  
**15%**



**THAI PRIDE**

Assorted

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# 15% CASH BACK

Our private Label

**PROMARCHÉ**  
Partenaire Intermarché



Bulgur white coarse / fine 900gr



Bulgur brown coarse / fine 900gr



White / red beans 900gr



Foul 900gr



Chick peas 900gr



Large Fava Beans 900gr



Large Lentil 900gr



Lentil Majrouch 900gr



Red lentil 900gr

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# Salty snacks & Beverages



**Al rifai**  
Trail mix assorted 160gr



**Pringles**  
Assorted 2x 200gr



**Master**  
Assorted 32gr  
3+1 Free  
**0.73 USD**



**Master**  
Assorted 90gr  
**0.57 USD**



**Red bull**  
Energy drink  
4x 250ml  
~~6.21 USD~~  
**5.49 USD**



**Maccaw**  
Juice 1L tetra  
assorted  
~~1.49 USD~~  
**1.25 USD**



**Coca cola**  
Assorted 330ml  
~~1.49 USD~~  
**1.09 USD**



**Ocean spray**  
Cranberry Assorted  
1L  
~~3.99 USD~~  
**3.09 USD**

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# Personal care & Detergents



**Cosmaline**  
Handwash assorted 550ml

~~1.75 USD~~  
**1.55 USD**



**Pantene**  
Shampoo assorted 1L

**cash back 10%**



**Johnson's**  
shampoo gold 750ml  
+ 200ml free

**5.19 USD**



**Listerine**  
Mouthwash fresh  
burst zero 500ml

**3.25 USD**

**save 35%**



**Labell**  
Men deo energy  
200ml

~~2.45 USD~~  
**1.59 USD**



**Tide**  
Laundry liquid  
dark protect 2.5L

~~6.29 USD~~  
**5.39 USD**



**Ariel**  
Laundry powder  
original / downy 4kg

~~9.90 USD~~  
**8.99 USD**



**Downy**  
Softener valley  
dew 3L

~~4.99 USD~~  
**4.29 USD**

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