

FAUBOURG SAINT JEAN // BAABDA SQUARE // HAZMIEH MAR TAKLA // MAKSEH CHTAURA
ZONE GATE

& SOON ON... ANTELIAS HIGHWAY

 promarche   promarchelb

THE WEEKEND FLYER

FROM THU. JULY 10TH
TO SUN. JULY 13TH





Fruits & Vegetables



149.990
LBP

Tomato
Jabalieh /Kg



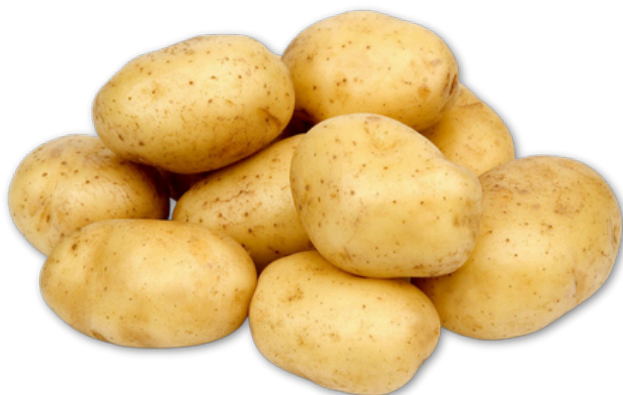
39.990
LBP

Corn
Pcs



29.990
LBP

Onion
Local /Kg



39.990
LBP

potato
Local/Kg



179.990
LBP

Apple
Summer /Kg



289.990
LBP

Grapes
White Seedless /Kg



249.990
LBP

Nectarine
Yellow /Kg



69.990
LBP

Orange
For Juice /Kg



89.990
LBP

Carrot
Kg

FROM 10TH TO 13TH JULY 2025
OFFER VALID WHILE STOCKS LAST

1 **PROMARCHÉ**
Partenaire **Intermarché**



Butchery & Poultry



Beef
Faux filet
1 kg

12.99
USD



Beef
Kabab
1 kg

7.99
USD



Makanek
1 kg

8.99
USD



Chicken
tawook
1 kg

6.99
USD



Chicken
legs
1 kg

1.99
USD



SAVE
10%

LA PLACE DE
L'ENTRECÔTE

saucés



FROM 10TH TO 13TH JULY 2025
OFFER VALID WHILE STOCKS LAST

2 PROMARCHÉ
Partenaire Intermarché



Fishery



**Salmon
whole fish**

1 kg

13^{.99}
USD



**Fillet
Hamour**

1 kg

12^{.99}
USD



Sultan Red

1 kg

9^{.79}
USD



**Shrimp
20/30**

1 kg

12^{.99}
USD



**SAVE
15%**

L'exquis
Assorted 200g



Arenfish
Caviar Black/ red
50g/100g

Starting

3^{.99}
USD



FROM 10TH TO 13TH JULY 2025
OFFER VALID WHILE STOCKS LAST

3 PROMARCHE
Partenaire **Intermarché**



Delicatessen



Mozzarella
200g

~~2.55~~
USD

1.99
USD



baroud



halloumi flavors
200g

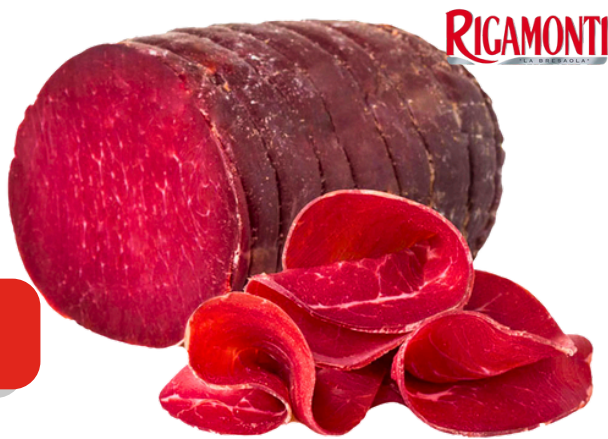
~~2.39~~
USD

2.15
USD

bresaola
200g

~~14.00~~
USD

11.99
USD



formed turkey
breast 200g

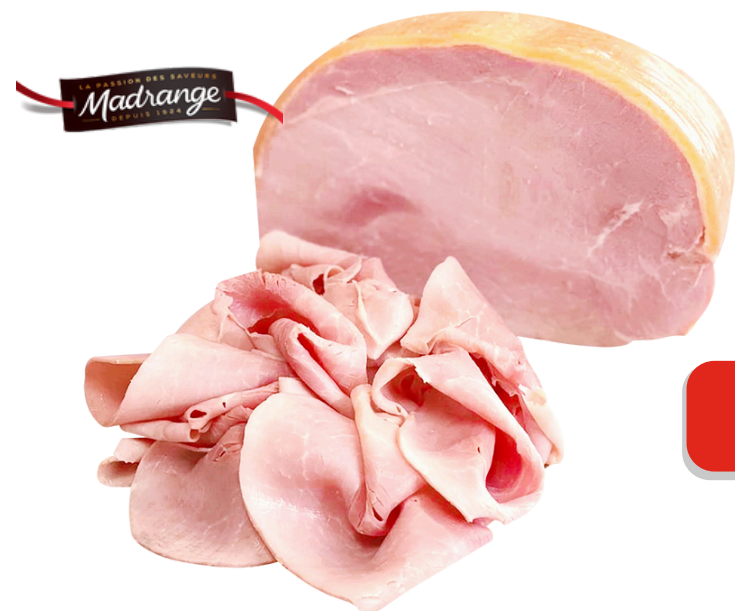
~~8.60~~
USD

7.59
USD

reggiano aged
12m 200g

~~9.20~~
USD

7.79
USD



jambon paris
200G

~~4.40~~
USD

3.99
USD

FROM 10TH TO 13TH JULY 2025
OFFER VALID WHILE STOCKS LAST

4 **PROMARCHÉ**
Partenaire **Intermarché**



READY
TO USE

Self Service

**SAVE
15%**

Danone
Greek Yogurt



Soignon
chevre Assorted

Starting

**3.65
USD**

**SAVE
25%**

kouakis
Assorted



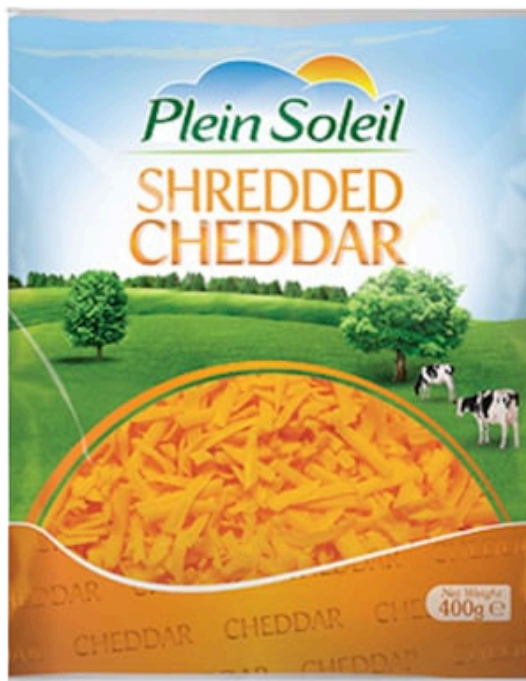
**SAVE
15%**

Philadelphia
Original / light 180g

Plein soleil
shredded cheddar
400g

~~7.45
USD~~

**6.69
USD**



Plein soleil
shredded italian
400g

~~6.90
USD~~

**6.19
USD**

FROM 10TH TO 13TH JULY 2025
OFFER VALID WHILE STOCKS LAST

5 PROMARCHÉ
Partenaire Intermarché

FAUBOURG SAINT JEAN // BAABDA SQUARE // HAZMIEH MAR TAKLA // MAKSEH CHTAURA // BROUMANA
ZONE GATE

& SOON ON... ANTELIAS HIGHWAY

 promarche   promarchelb

THE SPIRITS FLYER

FROM THU. JULY 10TH
TO TUE. JULY 15TH





Alcohol



~~55.82~~
USD

39.99
USD

Gin Mare
Capri 70 Cl



~~61.90~~
USD

33.99
USD

Gin Mare
70 Cl



~~48.00~~
USD

36.99
USD

Star Of Bombay
London Dry Gin 75 Cl



~~34.81~~
USD

26.99
USD

Bombay Gin
Premier Cru Citrus
70 Cl



~~39.05~~
USD

29.99
USD

Portofino
Gin 50cl



~~51.70~~
USD

38.99
USD

Nikka Coffey
Gin Of 47% 70c



~~25.00~~
USD

15.99
USD

Barrister
Old Tom Gin
70 Cl



~~23.00~~
USD

15.99
USD

Bulldog
London Dry Gin
70cl



~~7.00~~
USD

4.25
USD

Old Lady
Dry Gin 70cl

FROM 10TH TO 15TH JULY 2025
OFFER VALID WHILE STOCKS LAST

6 **PROMARCHÉ**
Partenaire Intermarché



Alcohol



~~16.80~~
USD

12.99
USD

Le Manzane
Bronze Conegliano
Pros. Docg. 75cl



~~16.80~~
USD

12.99
USD

Le Manzane
LBlue Conegliano
Pros. Docg. 75 Cl



~~33.00~~
USD

24.99
USD

Le Manzane
Congeliano Docg 1.5 L



~~17.92~~
USD

12.99
USD

B-qa
Rouge de marsyas 75 Cl



~~16.88~~
USD

11.99
USD

B-qa
Blanc de marsyas 75 Cl



~~16.88~~
USD

11.99
USD

B-qa
Rose de marsyas 75 Cl



~~10.74~~
USD

7.99
USD

Le Manzane
Cabernet Veneto
Rosso 75 Cl



~~10.74~~
USD

6.99
USD

Manzane
Pinot Grigio Doc 75cl



FROM 10TH TO 15TH JULY 2025
OFFER VALID WHILE STOCKS LAST

7 PROMARCHE
Partenaire Intermarché



Alcohol



Skinos
Matisha Spirit 70cl

~~25.00~~
USD

19.99
USD



Pallini
Raspicello 75 cl

~~19.78~~
USD

11.99
USD



Pallini
Peachello 50 MI

~~17.15~~
USD

11.99
USD



Pallini
Crema Di Limoncello
35cl

~~19.78~~
USD

11.99
USD



Pallini
Maraschino 70cl

~~14.40~~
USD

11.99
USD



Toschi
Amaretto 70 Cl

~~14.40~~
USD

11.99
USD



FROM 10TH TO 15TH JULY 2025
OFFER VALID WHILE STOCKS LAST

8 **PROMARCHÉ**
Partenaire **Intermarché**



Alcohol



Belvedere 10

Vodka 70 Cl

~~232.00~~ USD

208.99 USD



Ciroc

Vodka 1.75 L

~~370.00~~ USD

99.99 USD



Nikka Coffey

Vodka Of 40% 70cl

~~36.58~~ USD

29.99 USD



Ketel One

Vodka 75cl

~~24.07~~ USD

19.99 USD



Russian Standard

Vodka 70cl

~~10.00~~ USD

5.99 USD



Copper Horse

Vodka 70cl

~~4.54~~ USD

3.95 USD



FROM 10TH TO 15TH JULY 2025
OFFER VALID WHILE STOCKS LAST

9 **PROMARCHÉ**
Partenaire **Intermarché**



Alcohol



~~291.00~~
USD
199.99
USD

Royal
Brackla 21y 70cl



~~95.00~~
USD
69.99
USD

Balvenie
Caribbean 14y. 70 Cl



~~69.60~~
USD
54.99
USD

The Balvenie
Doublewood 12 Yrs.
70 Cl



~~52.00~~
USD
43.99
USD

Dewars
berfeldy 12 Yrs. 75cl



~~62.00~~
USD
48.99
USD

Glenfiddich
15y 70 Cl



~~39.00~~
USD
29.99
USD

Glenfiddich
12 Yrs. 70 Cl



~~74.39~~
USD
54.99
USD

Redbreast
12yrs 70cl



~~137.85~~
USD
97.99
USD

Redbreast
15yrs 70cl



~~29.51~~
USD
22.99
USD

Jameson
Black Barrel Irish
Whisky 70 Cl

FROM 10TH TO 15TH JULY 2025
OFFER VALID WHILE STOCKS LAST

10 **PROMARCHE**
Partenaire Intermarché



Alcohol



~~24~~.32
USD

18.99
USD

Jameson
Crested Irish Whisky
70 Cl



~~23~~.16
USD

17.99
USD

Jameson
Irish Whisky Stout
Edition Caskmates 70cl



~~23~~.16
USD

17.99
USD

Jameson
Jameson Caskmates
Ipa Irish Whisky 70cl



~~26~~.30
USD

23.99
USD

Johnnie Walker
Black Label 75 Cl



~~250~~.00
USD

174.99
USD

Dewars
25 Yrs. 70 Cl



~~36~~.87
USD

27.99
USD

Dewars
The Monarch 15 Yrs.
In Tin 75 Cl



~~10~~.00
USD

4.99
USD

William
Lawson 75cl



~~25~~.00
USD

17.99
USD

Dewars
12 Yrs. 75 Cl



~~8~~.11
USD

6.75
USD

Haig
Gold Label 70cl

FROM 10TH TO 15TH JULY 2025
OFFER VALID WHILE STOCKS LAST

11 **PROMARCHE**
Partenaire Intermarché



Alcohol



1800 Milenio
70 Cl

~~208.78~~ USD
149.99 USD



Clase Azul
Plata Tequila 70cl *

~~150.00~~ USD
119.99 USD



Mezcal Los
Danzantes Tequila
Reposado 70 Cl

~~42.90~~ USD
35.99 USD



Espolon
Tequila Reposado
70 Cl

~~37.19~~ USD
27.99 USD



Espolon
Tequila Blanco 70 Cl

~~33.30~~ USD
25.99 USD



Ghost
Tequila Blanco 70 Cl

~~37.94~~ USD
17.49 USD



FROM 10TH TO 15TH JULY 2025
OFFER VALID WHILE STOCKS LAST

12 PROMARCHÉ
Partenaire Intermarché

FAUBOURG SAINT JEAN // BAABDA SQUARE // HAZMIEH MAR TAKLA // MAKSEH CHTAURA
ZONE GATE

& SOON ON... ANTELIA HIGHWAY

 promarche   promarchelb

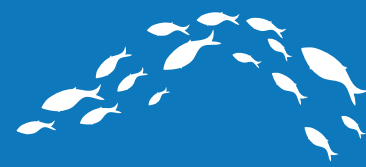
CHILL & GRILL FLYER

FROM THU. JULY 10TH
TO WED. JULY 23RD





Frozen



Siblou
salmon fillets 450g

~~21.99~~
USD

17.99
USD



Siblou
2x calamare
rings breaded
400g -15%

9.99
USD



Ocean garden
armout 800g

~~4.06~~
USD

3.79
USD



Captain fisher
crab sticks surimi
2x250g

~~3.86~~
USD

2.59
USD

Ocean garden
fillet printed 1 kg

~~3.89~~
USD

3.49
USD



Galaxy
ice cream
Assorted

SAVE
10%

FROM 10TH TO 23RD JULY 2025
OFFER VALID WHILE STOCKS LAST

13 **PROMARCHÉ**
Partenaire **Intermarché**



Frozen



Plein soleil
frozen green edamame
400g

~~3.89~~
USD

3.49
USD



Al Wadi al akhdar

mloukiyeh leaves
2x400g -20%

~~2.84~~
USD

2.29
USD

plein soleil
mozzarella stick
2x 250g

~~7.49~~
USD



plein soleil
2x classic mix
400g

~~3.29~~
USD

Kwik bite
breaded chicken
escalope 500g

~~6.50~~
USD

5.49
USD



Bella
hamburger

~~5.79~~
USD

4.99
USD

FROM 10TH TO 23RD JULY 2025
OFFER VALID WHILE STOCKS LAST

14 // **PROMARCHÉ**
Partenaire **Intermarché**



~~6.19~~
USD

5.25
USD

Regilait
Low fat 400g



~~11.65~~
USD

10.50
USD

Regilait
0% fat 400gx2 +
price discount



~~7.29~~
USD

6.99
USD

Regilait
lait concentré sucre
8% fat 397g 2+1free



4.39
USD

Bjorg
galettes de riz /maïs
130g 2+1free



1.99
USD

Milka
Croissant Choco,
vanilla 50gr



~~2.75~~
USD

2.19
USD

Erko
Marshmallow BBQ
200g +50gr FREE



~~2.69~~
USD

2.19
USD

Milka
choco sticks 112g



~~3.89~~
USD

3.49
USD

Milka
choc/oreo cream
156g



~~3.89~~
USD

3.49
USD

Milka
choc & choc 150g

Buy any Zwan Hot Dog in a jar
and enter the draw
to win a BBQ



SAVE
20%

Kuhne
Assorted



~~11.79~~
USD

9.99
USD

Poppenburger
hot dog usa pure beef
300g



Starting

1.89
USD

Monarch
mustard squeeze 8oz
whole mushrooms 425g



~~4.23~~
USD

3.59
USD

Ducros
moutarde à l'ancienne
210g



SAVE
15%

Puidor
Assorted



~~4.99~~
USD

3.99
USD

Rio
Grande Nacho
squeeze cheese 326g



**BUY ANY RIO NACHOS /
JALEPENO &
ENTER THE DRAW**

Grocery



Ducros

**SAVE
15%**



Ducros
Spices All Brand

**SAVE
20%**



**Boulos®
FLAVOR**



Chill & Grill



Starting

**0.95
USD**

Al Wadi Al Akhdar
hommos tahina 380g
baba ghannouj 385g
mushrooms whole 400g



**7.15
USD**

**6.45
USD**

Mazola
corn oil 1.5l



**8.99
USD**

**7.65
USD**

Mazola
extra virgin olive oil
750ml



**6.63
USD**

**5.65
USD**

Al Wadi Al Akhdar
tahina ground sesame
908g



**14.79
USD**

**13.65
USD**

Taj
red indian basmati
rice 10lbs 4.54kg



**13.39
USD**

**9.99
USD**

Taj
Elegant basmati 4kg

FROM 10TH TO 23RD JULY 2025
OFFER VALID WHILE STOCKS LAST

17 PROMARCHE
Partenaire InterMarché



Snacks



~~8.45~~
USD

6.79
USD

Al Rifai
Mix kernels 400g



~~5.31~~
USD

4.29
USD

Al Rifai
Super Extra Mix 400g



**SAVE
10%**

Maretti
Assorted



~~1.39~~
USD

0.89
USD

Coca cola
can 330ml



~~3.69~~
USD

1.85
USD

Pringles
Assorted 165g / 200g



**SAVE
15%**

2.29
USD

Lorenz
saltletts sticks classic
150g x2

**DOUBLE
YOUR POINT**



0.99
USD

Master
Al kabir Range



0.99
USD

Eti
Herbs 45gx3+Pretzel
32gx3



**SAVE
20%**

1.99
USD

Lorenz
Crunchips paprika /Salt
50gx2

FROM 10TH TO 23RD JULY 2025
OFFER VALID WHILE STOCKS LAST

18 PROMARCHE
Partenaire Intermarché



Beverages



**SAVE
10%**

Rim
Mineral water 0.5l,
330ml, 2l*12, Galon



~~5.70
USD~~

**4.99
USD**

Almaza Beer
Rosé 25clx6



~~5.80
USD~~

**5.09
USD**

Almaza Beer
bottle 33cl 5+1



~~11.94
USD~~

**8.99
USD**

Corona
Xtra beer 35.5cl alc x6



**SAVE
20%**

961 beer



~~3.19
USD~~

**2.85
USD**

Rauch
Happy Day Red Grape
- Tetra 1lit



~~2.95
USD~~

**2.49
USD**

Ice sparkling
Assorted 500ml



~~10.14
USD~~

**8.99
USD**

Carlsberg Beer
Bottle 33clx6



~~1.68
USD~~

**1.38
USD**

La bergere
Milk uht full fat
125mlx6

FROM 10TH TO 23RD JULY 2025
OFFER VALID WHILE STOCKS LAST

19 PROMARCHE
Partenaire Inter~~marché~~



Alcohol



~~10.81~~
USD

8.49
USD

Absolut
Vodka 70 Cl



~~48.05~~
USD

34.99
USD

Glenmorangie
Orig. 70cl Bx



~~27.00~~
USD

17.99
USD

Jack Daniel's
1 L



~~88.00~~
USD

59.99
USD

Lagavulin
8 Yrs. 70 Cl



~~55.00~~
USD

39.99
USD

Nikka
From The Barrel 500ml



~~7.00~~
USD

4.25
USD

Old Lady
Dry Gin 70cl



~~11.03~~
USD

8.99
USD

Ixsir
Altitudes Rose / White
75 Cl



~~11.50~~
USD

7.99
USD

Millerighe
Piccini Pinot Grigio
75 Cl



~~12.99~~
USD

8.99
USD

V Piccini
Prosecco Extra Dry
75 Cl

FROM 10TH TO 23RD JULY 2025
OFFER VALID WHILE STOCKS LAST

20 **PROMARCHÉ**
Partenaire Intermarché

Outdoor Essentials



3.99
USD

Promarché
Sindiane Charcoal 1.8 Kg



~~5.39~~
USD

4.29
USD

Souplex
Gloves nitrile black
heavy pwr 50u
Small , Med, Large



Starting

3.29
USD

Piuttosto
transparent robust
cups 300cc x50/
400cc / 570cc x50



~~2.09~~
USD

1.69
USD

Seita
flamup allume tt feux
ss odeur 24g



~~1.13~~
USD

0.89
USD

GLO
bbq lighter classic
ZY-3884



~~1.61~~
USD

0.99
USD

Labell
care mouchoirs blancs
lotion aloe vera x90



SAVE
20%

PUREPAK!

Assorted



Starting

Royal

0.79
USD

bmb skewers round
35cmx4m*40pcs /
flat 4.5mx35cm*40pcs/
flat 35cmx9m*25pcs



~~7.10~~
USD

4.79
USD

Labell
papier toilette double
epaisseur x18

FROM 10TH TO 23RD JULY 2025
OFFER VALID WHILE STOCKS LAST

21 **PROMARCHÉ**
Partenaire Intermarché